

IMPACT OF UNHEALTHY RISKS & BEHAVIORS ON PRODUCTIVITY, HEALTHCARE SPEND

A LOOK AT ONE OF THE MOST EXPENSIVE CHRONIC CONDITIONS:

DIABETES

1 OUT OF EVERY 4 DOLLARS

in US Healthcare costs is spent caring for people with diabetes

**\$237
BILLION**

SPENT ON DIRECT MEDICAL COSTS ANNUALLY

**\$90
BILLION**

SPENT ON REDUCED PRODUCTIVITY



2017



2007



60%
RISE IN TOTAL ECONOMIC COST OF DIABETES

Smoking-related illnesses in U.S. cost more than:

\$300 BILLION

**\$170
BILLION**

DIRECT MEDICAL COSTS FOR ADULTS

**\$156
BILLION**

LOST PRODUCTIVITY

+\$976

Extra individuals with insomnia can cost employers/person/year

+\$2,530

Additional lost through presenteeism or lost productivity

+\$2,224

Additional treating other health conditions due to insomnia



Source: Centers for Disease Control and Prevention (CDC) | This material has been prepared for informational purposes only and was generated from information provided to AHT from the client and/or third-party sources. Therefore, AHT makes no warranty or representation(s) as to the accuracy or appropriateness of the data and/or the analysis herein. This information is not intended to provide, and should not be relied on for, tax, legal or accounting advice. You should consult your tax, legal and accounting advisors for those services.

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